Clinical Features

PATIENT PERIODONTAL

REPORT

Murray L. Arlin, DDS, FRCD(C)

article discusses a pamphlet folder, entitled "Periodontal Report" which was designed and developed by Dr. Murray Arlin, a Weston, Ontario periodontist, for use by patients in his periodontal practice. Dr. Arlin, who developed both the content and the format of the pam-

phlet did so to help his patients remember where their particular problem areas lie.

"I wanted the patients to have something to take home with them, following the visit, so that the patients would be aware of their status and the illustrations showing problem areas might make home care easier," Dr. Arlin told the Journal.

Fig. 1.

Problem Areas Needing Your Attention

Outside tooth surfaces
(mirror image)

Right side

Inside tooth surfaces
(tron) inside, looking out)

Fig. 2.

Your periodontal health is: | Excellent | Stable | Deteriorating
Your plaque control is: | Excellent | Fair | Needs much improvement
Next appointment with Dr. | is due | for |
See our "Estimate-Treatment Plan Form" for more details)

To date, Dr. Arlin says he has received many positive comments on the pamphlet from his patients, but no negative ones. Although it was developed for use in a periodontal practice, it could be adapted for use by the general practitioner.

"Dentists who wish to adapt this design or idea to their own practices will find that it is a handy little thing to have for patients, and so far, my own patients appear to appreciate it."

Those readers who do wish to adapt or use any part of the pamphlet, including the illustrations, must obtain written permission from Dr. Arlin, who holds the copyright to the brochure. Please write to Dr. Arlin, at 1436 Royal York Rd., Suite 209, Weston, Ontario, M9P 3A9 to obtain permission to use all or part of the leaflet.

The Patient "Periodontal Report"

The patient 'Periodontal Report' is intended to be given to the patient following his or her initial examination and after each recall visit. In this article a format that has been designed for a periodontal practice will be described (although modifications could be made to suit the Report to general practice).

When printed on both sides of an $8^1/2 \times 11$ '' sheet, the Report can be folded into three sections such that a brochure effect is created (Fig. 1, 2, 3). The printed sheets can be packaged in pads of 100 and it is suggested that the pads be kept in each treatment room for convenient access to encourage routine use. The report has specifically been designed in a "check-off" and "fill in the blank" format so that it can be completed in just a matter of seconds.

The Periodontal Report (i) indicates the office services performed (Fig. 3) (ii) diagrammatically illustrates problem areas requiring special patient attention

(Fig. 1) (iii) summarizes the overall periodontal-oral hygiene status (Fig. 2), and (iv) functions as a written reminder to the patient as to when his/her next appointments are due with the periodontist and referring dentist.

The advantages of this type of report include (a) enhanced patient education and communication (b) a written summary of the dental treatment performed, and (c) being an excellent practice-building mechanism due to the positive reactions from many patients receiving this report.

In summary, the periodontal report by virtue of its design is convenient to incorporate and can be an excellent adjunct in providing quality care.

The author wishes to acknowledge Dr. L. Schwartz's help in designing the Periodontal Report.

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